

## About ChildSavers

Founded in 1924 as the Children's Memorial Clinic, ChildSavers' mission is to provide comprehensive mental health and childhood development services that holistically embrace the needs of children and those who care for and educate them. Our services include outpatient mental health support to children and families, immediate therapeutic intervention to children at scenes of violent crimes and other traumatic events, and professional development training and credentialing for those who work with children.



Helping Greater Richmond's Children Since 1924

## About the Trainers

### Wendy Hall, LCSW, RPT-S

Wendy Hall is the Guidance Clinic Program Manager at ChildSavers which provides outpatient psychotherapy to children and their families. She is also responsible for developing and implementing the intern training program for social work and psychology students. She is an adjunct professor at Virginia Commonwealth University in the School of Social Work Master's Program. Ms. Hall also has experience providing intensive therapeutic services to unaccompanied refugee minors in therapeutic foster care, adoption, and psychiatric hospital social work. She received her Master of Social Work from Virginia Commonwealth University in 2000 and is a Registered Play Therapist Supervisor.



### Vivian Mann, LCSW

Vivian Mann is the Director of Training and Professional Development at ChildSavers which provides evidence based training to parents, childcare providers, paraprofessionals and professionals in the areas of Early Childhood Development and Mental Health, the Impact of Trauma on Children, and Treatment Models addressing children's mental health issues including Play Therapy and Family Therapy. Previously at ChildSavers, she was the Clinical Director for 8 years managing the Guidance Clinic which provides outpatient psychotherapy to children and their families and the Trauma Response Program which provides immediate response and short-term trauma focused counseling to children who have been impacted by trauma. She is also an adjunct professor at Virginia Commonwealth University in the School of Social Work Master's Program. She received her Master of Social Work from New York University. She is currently working toward her Registered Play Therapist Supervisor and Certified Trauma Specialists credentials. She is also part of the first group of 10 in the state working toward her Infant Mental Health Endorsement.

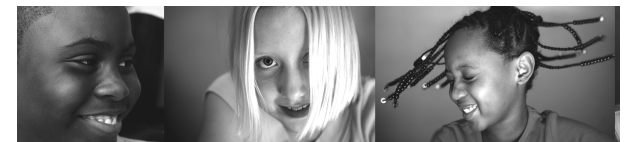


## Play Therapy Trainings

### Winter/Spring 2012



Training Institute





**(804) 644-9590**

## Child Centered Play Therapy

This workshop will provide the clinician with an introductory understanding of Child Centered Play Therapy (CCPT) including its history as well as the 8 basic principles and 4 basic skills utilized. The format will include lecture, demonstration, and experiential exercises.

### OBJECTIVES

Participants will be able to:

- Identify when to use CCPT
- Utilize CCPT skills to establish a therapeutic alliance
- Utilize CCPT skills to promote regulation and symptom reduction
- Set appropriate limits in the play room
- Articulate the importance of aggressive play and where it fits into CCPT

Trainer: Wendy Hall, LCSW, RPT-S

Date: February 17, 2012

Time: 9:00 am - 4:30 pm (registration 8:30-9:00)

Cost: \$125

Contact Hours: 6.0

## Integrating Sand Therapy and Play Therapy

This workshop will provide the clinician with an overview of the history of sand therapies and how to integrate the sand and play therapy models. The clinician will learn basic and intermediate skills for using the sand tray and other symbolic play in therapeutic work. The workshop will include lecture, review of sand trays, and the experience of building and facilitating sand trays.

### OBJECTIVES

Participants will be able to:

- Articulate the history of sand therapy theory and practice models
- Integrate sand and other play therapy techniques
- Foster the use of miniatures in sand and play therapy
- Initiate the building of a sand world and create the appropriate environment to foster the work
- Recognize the use of symbols and explore them in working with the child or with a family

Trainer: Vivian Mann, LCSW

Date: March 24, 2012

Time: 9:00 am - 4:30 pm (registration 8:30-9:00)

Cost: \$125

Contact Hours: 6.0

## Trauma Focused Play Therapy

### Integrating Directive and Non-Directive Techniques with Children Exposed to Traumatic Events

This workshop will provide the clinician with an understanding of how to utilize directive and non-directive play therapy techniques to promote healing in children who have experienced trauma.

### OBJECTIVES

Participants will be able to:

- Identify how traumatic events may impact the child's brain
- Understand how to recognize post-traumatic play and identify at least 2 play therapy intervention strategies.
- Understand and practice activities to help regulate the dysregulated child.
- Identify at least 2 self-care techniques when exposed to secondary trauma.

Trainer: Vivian Mann, LCSW

Date: April 23, 2012

Time: 9:00 am - 4:30 pm (registration 8:30-9:00)

Cost: \$125

Contact Hours: 6.0

Name \_\_\_\_\_

Degree/Field \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

E-Mail \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_

Check training(s):

**Child Centered Play Therapy**

Friday, February 17, 2012

**Sand Therapy**

Saturday, March 24, 2012

**Trauma Focused Therapy**

Monday, April 23, 2012

Credit Card Payment (circle one)

Visa \_\_\_\_\_ MC \_\_\_\_\_

Card # \_\_\_\_\_

Name on Card \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

Make checks payable to ChildSavers.

Cancellation and Refunds—Written cancellation must be received in our office at least ten business days prior to the training. A \$25 processing fee will be deducted from your refund.

APT Approved Provider 11-303

**All trainings will be held at ChildSavers, 200 North 22nd Street, Richmond, VA 23223**